

***LoveJourney: Tantra of the Heart***

P.O. Box 801, Sebastopol, CA 95473

707.824.1118

**Dear Work Exchange Applicant,**

Thank you for your interest in our Work Exchange program. This is an important program which provides financial assistance to those with lower income and it provides a vital and enthusiastic work force for ***LoveJourney*** and our gardens. The many tasks accomplished by work exchange ensure a smooth running of our workshops and events. We greatly appreciate and depend heavily on each worker.

**Important Information:**

- We expect each person to arrive on-time and complete their agreed upon time before leaving.
- Work exchange hours are credited at \$15 per hour.
- You are required to keep track of your own time in the work exchange binder at the front desk.
- If you do not finish your agreed amount of time, we ask that you finish it within 3 months from said agreement. If you do not finish your time, we require you pay the remaining balance with cash, check or credit card.
- Job positions are assigned in order of date received.
- Please realize that people who do not complete their work exchange hours risk losing the privilege of being considered for more.
- Work exchange is intended for those who are unable to pay the full amount. If you are able to pay, please do.

Please complete the following questions to help us to place you in an appropriate position. Jobs differ in time and skill required. Please answer all the questions honestly and accurately.

Thank you for your interest in work exchange!

\*\*\*\*\*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Reason you require work exchange: \_\_\_\_\_

- 
1. How well do you show up at doing work you agree to and how easy and fun are you to work with?
  
  2. How well are you self-motivated and able to follow instructions?

3. How much are you dependable and on time?

4. Do you have any physical limitations? Please describe.

5. Below is a list of jobs we require on a regular basis. Please mark any you are interested in and number them in order of preference (1 being the most preferred).

\_\_\_\_\_ Computer Help

\_\_\_\_\_ Construction

\_\_\_\_\_ Gardening

\_\_\_\_\_ Clearing blackberries

\_\_\_\_\_ Handy Work

\_\_\_\_\_ Kitchen Help

\_\_\_\_\_ Food Prep

\_\_\_\_\_ Mailers

\_\_\_\_\_ Office Work

\_\_\_\_\_ Parking

\_\_\_\_\_ Phone Calls

\_\_\_\_\_ Photography

\_\_\_\_\_ Post Flyers

\_\_\_\_\_ Volunteer Coordinator

\_\_\_\_\_ Workshop Set-up

\_\_\_\_\_ Workshop Clean-up

\_\_\_\_\_ Other \_\_\_\_\_

6. Please include anything else you can think of to let us get to know you better.

I understand that it is a privilege for me to do work exchange for the *LoveJourney* Temple. I will complete all my agreed upon work exchange time within three months of the agreement. **If I am not able to complete my time, I will pay it off by cash, check or credit card.** I understand that my agreement is vital to the smooth running of *LoveJourney* events and, if I am not able to accomplish my job, I will notify *LoveJourney* as soon as possible.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Please mail completed form back to:

LoveJourney

P.O. Box 801

Sebastopol, CA 95473